

The Center for Prevention and Youth Development (CYPD):

The Center for Prevention and Youth Development (CPYD) provides community-based prevention and intervention programs aimed at promoting mental health, emotional, and social well-being among at-risk children and adolescents.

- ❑ **Mental Health Counseling** for youth and their families brings counseling, support, and psycho-educational services to elementary, middle, and high school students who are experiencing emotional and behavioral difficulties.
- ❑ **Kids Cope** (Support groups) helps children and adolescents who have a family member with mental illness to connect with peers and learn about the illness while improving their coping skills through support and age-related activities such as art, role playing and peer discussion.
- ❑ **Family Partners** provides individual and/or group support for parents and family members of children with emotional, behavioral, and mental-health related issues.
- ❑ **Project Stepping Up** is a transitional program for youth “aging out” of the child welfare system. Services include clinical case management, short-term individual and group counseling, and independent life skills training.

Our Mission:

The **MISSION** of the Mental Health Association of Essex County, Inc. is to promote mental health, to improve the care and treatment of individuals with mental illness, and to remove the stigma associated with emotional and mental disorders. We, as a community organization, accomplish our mission through advocacy, education, prevention, treatment and service.

For More Information:

For more information about the **Intensive In-Community Services Program** of the Center for Prevention and Youth Development, or any other program of the Mental Health Association of Essex County, Inc. please contact us below:

Marvin Gorsky, LCSW
Senior Director of Children, Counseling, &
Family Services
(973) 509-9777, ext. 112

Diane Travers, LCSW, CTS
Clinical Coordinator
(973) 509-9777, ext. 136

Keira Hauck, LCSW
Intensive In-Community
Services Coordinator
(973) 509-9777, ext. 118



The Center for Prevention and Youth Development

Intensive In-Community Services Program



The Mental Health Association of Essex County, Inc.

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What Are Intensive In-Community Services?

Intensive In-Community Services are flexible in-home and in-community clinical and behavioral support for children and youth with behavioral and emotional difficulties.

Intensive In-Community Services are provided by our professional staff who follow the direction and needs of the family, the cultural values and norms of the family, and support the existing strengths of the family.

The goals of Intensive In-Community Services are to strengthen the family structure, provide stability and support for the family, and to encourage the family's utilization of resources within the community.

We provide an array of services delivered by a mobile team of professionals who work with the family in the home, community, or other setting desired by the family. Our Intensive In-Community Clinical and Professional Services staff have a minimum of an LCSW, LSW, or a Master's degree in counseling, social work, psychology, or such related field. Our Behavioral Assistance Services staff have a minimum of a Bachelor's degree in counseling, social work, psychology, or such related field.

How Do I Know If My Child Needs Intensive In-Community Services?

They may display one or more of the following:

- ❑ Sadness or anxiety
- ❑ Problems eating or sleeping
- ❑ Problems with peers
- ❑ Running away or truancy
- ❑ Use of alcohol or drugs
- ❑ Aggressive behavior to self or others

Who Pays for Intensive In-Community Services?

Intensive In-Community Services are part of the mental health system of care for children in the state of New Jersey. This is overseen by New Jersey's Department of Children and Families, *Division of Child Behavioral Health Services* (DCBHS) system.

Any child in New Jersey ranging from age 5 through 17 may be eligible for services through the DCBHS, regardless of health insurance or financial status. Special consideration may be made for children ages 3 to 4; and ages 18 through 21.

An assessment is conducted within the child's home, community, or other convenient location. After the assessment is conducted, eligibility for services will be determined and communicated to the family. Services are then funded through New Jersey Medicaid.

Interventions May Include:

- ❑ Individual and/or family therapy
- ❑ Clinical consultation/evaluation
- ❑ Child/youth behavioral management
- ❑ Allied therapies: play, art, drama and/or music therapy
- ❑ Anger management skills
- ❑ Parenting skill development
- ❑ Stress reduction
- ❑ Problem solving
- ❑ Improve coping skills
- ❑ Psycho-educational services

To Make a Referral:

To make a referral to the Intensive In-Community Services program, please call the Intensive In-Community Services Coordinator, Keira Hauck, LCSW, at (973) 509-9777, ext. 118.

